

Fire/EMS Behavioral Health: THE PRICE WE PAY



With Past Chief Mike Healy (Central Nyack Fire Department)
& Past Chief Jared Meeker (Lake Shore Fire District)
FREE Workshop



2021 SCHEDULE:

Cattaraugus County: 10/26
Clinton County: 10/13
Fulton County: 10/19
Nassau County: 10/28
Oneida County: 5/19
Onondaga County: 11/10
Rensselaer County: 10/18
Rockland County: 5/5
Westchester County: 4/20
Wyoming County: 9/27

Pre-registration encouraged.

This free three-hour workshop will deal with the behavioral health issues faced by firefighters and emergency medical services personnel. The mounting number of suicides, an increase in alcoholism and drug addiction, and post-traumatic stress all need immediate attention. The workshop will provide an overview of the behavioral health problems that fire/EMS personnel experience. Students will learn about the skills necessary to recognize and help others who are struggling with mental health issues. Participants will gain an understanding of how to monitor the health of fellow firefighters and EMS providers in order to prevent the negative results that could have a long-lasting impact on their agencies, ultimately increasing retention and reducing burnout in first responders. As leaders, our number one responsibility is to keep our members safe, which also includes keeping them safe from the effects of emotional trauma from the events we respond to.

Mike Healy has years of experience in this field and has assisted thousands of firefighters and EMS providers in getting the necessary help to lead the normal life of a first responder. **Jared Meeker** experienced a tragic event that triggered a landslide of emotions from many previous traumatic events. He is now able to share many lessons learned to help others.

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PERMASM



Fire/EMS Behavioral Health: The Price We Pay 2021 Registration Form

Registrant Information

Name: _____ NYSAFC Member #: _____

Title: _____ Fire/EMS Agency: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Email: _____ Cell Phone: () _____

Additional Registrants (use a separate sheet if necessary):

Name: _____ NYSAFC Member #: _____ Title: _____

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Workshop Information

This free three-hour workshop begins at 7:00 p.m. at all sites. Select a date/site below.

Seating is limited due to COVID-19 safety guidelines. Pre-registration is encouraged. On-site registration will be accepted if space permits.

- April 20** **Westchester** Westchester County Department of Emergency Services • 4 Dana Road • Valhalla, NY 10595
- May 5** **Rockland** Rockland County Fire Training Center • 35 Firemen’s Memorial Drive • Pomona, NY 10970
- May 19** **Oneida** Maynard Fire Department • 9500 Maynard Drive • Marcy, NY 13403
- September 27** **Wyoming** North Java Fire Company • 4274 Route 98 • North Java, NY 14113
- October 13** **Clinton** Clinton County Mental Health & Addiction Services • 130 Arizona Avenue • Plattsburgh, NY 12903
- October 18** **Rensselaer** East Greenbush Fire District #3 • 68 Phillips Road • Rensselaer, NY 12144
- October 19** **Fulton** Berkshire Fire Department • 320 Steele Avenue Ext. • Gloversville, NY 12078
- October 26** **Cattaraugus** Great Valley Fire Department Community Center • 6042 Depot Street • Great Valley, NY 14741
- October 28** **Nassau** Floral Park Fire Department • 1 Floral Boulevard • Floral Park, NY 11001
- November 10** **Onondaga** Cicero Fire Department • Station #1 • 8377 Brewerton Road • Cicero, NY 13039

Submit Registration Form To:

New York State Association of Fire Chiefs • P.O. Box 328 • East Schodack, NY 12063
Fax: (518) 477-4430 • Email: education@nysfirechiefs.com
Phone: (800) 676-FIRE • www.nysfirechiefs.com